

PSALMS FOR EVERY DAY  
Psalm 23 (also 46, 3, 27, 32, 13, 133, 139)  
“When I Need Comfort”

INTRODUCTION: The Christian needs to lay hold of comfort in a variety of challenging times in life. In times of danger, facing enemies, when the conscience may trouble, and in times of loneliness – our Loving Lord offers timely assurances and comfort. The book of Psalms offers comfort in all circumstances! He is our shepherd and our mighty rock of defense.

I. In Time of Danger (of Trouble) (Also Psalm 55 & 116)

Psalm 23 Our Good Shepherd

What picture and comfort is offered in verses 1 & 2?

What does this develop into in Verse 3?

What is the extent of his reassurance in verse 4? Why?

What is the extent of his reassurance in verse 5?

Of what does “my cup overflows” remind us?

What promise is there in verse 6 for this life? For the next?

Psalm 46 Luther’s Reformation Psalm – “A Mighty Fortress Is Our God”

What is the comfort of knowing God is our “refuge” and “ever-present help” in verse 1?

Faith speaks, “NO FEAR”!, no matter what in verse 2.

What invitation does he give in “be still” in verse 10? Don’t we too often forget!

II. Facing Enemies (Also Psalm 4, 35, 109, 124)

Psalm 3 Fleeing before the enemy (Absalom).

How many are the foes in verse 1,2,6,? What is their attitude?

What assurance is offered in verse 3?

Why is David able to sleep in verse 5,? Why are we able to sleep when pressed?

Note the violence in verse 7. How does this prayer have the same thought, “Deliver us  
from evil”?

Where does all deliverance come from in verse 8?

Psalm 27 No Need to Fear

Why can we be unafraid in verse 1?

What is the greatest “wish” for the Christian in verse 4?

What can be the “low point” for the Christian in verse 10? What assurance is offered?

What confidence is expressed in verse 13? What is the Christian asked to do in verse 14?

### III. For a Troubled Conscience (The confessional Psalms – also Psalms 6, 38, 51)

#### Psalm 32

Who are those who are truly blessed in verses 1,2?

What is the danger of silence (refusing to recognize sin) in verse 3,4?

What burden remains for sin that goes unrepented?

What is the result of sins confessed in verse 5?

What is the encouragement given in verse 6?

What is the warning given in verses 9,10? The promise?

What is the source of joy that is restored in verse 11? See also Psalm 51:12.

### IV. Facing Loneliness (When I feel all alone)

#### Psalm 13

Why does the Psalm writer “feel” alone? Verse 1 & 2

What is troubling to him? Verses 3 & 4

What confidence does he hold on to? Verses 5 & 6

#### Psalm 133

What assurance do we have that with our fellow Christians around us, we are never alone?

#### Psalm 139

What comfort is there in the fact that God knows all about us?

Our very thoughts and actions.

In the fact that he is always beside me?

When did God begin to “know us”? Verses 13-16

Are we ever alone if by faith we are part of the “team”- the Lord and me?!